

PRECLINICAL *IN VIVO* MODELS OF FRACTURE-RELATED INFECTION: A SYSTEMATIC REVIEW AND CRITICAL APPRAISAL

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Abstract

A fracture-related infection (FRI) is an important complication that can lead to an increase in morbidity, mortality and economic costs. Preclinical *in vivo* models are critical in the evaluation of novel prevention and treatment strategies, yet it is important that these studies recapitulate the features of an FRI that make it such a clinical challenge. The aim of this systematic review was to survey the available preclinical models of FRIs and assess which of the key FRI-specific parameters are incorporated in these models.

A comprehensive search was performed on July 1st 2017 in PubMed, Embase and Web of Science. Overall, 75 preclinical studies were identified, 97.3 % ($n = 73$) of which use *Staphylococcus aureus* as the causative microorganism. The most common mode for creation of bone instability is an osteotomy ($n = 30$; 40 %), followed by the creation of a defect ($n = 26$; 34.7 %). An actual fracture is created in only 19 studies (25.3 %). 12 (16 %) of the models include a time gap between bacterial inoculation and fixation to mimic the time-to-treatment in clinical open fracture scenarios.

This systematic review reveals that animal models used in translational research on prevention and treatment of FRIs rarely incorporate all key clinical features in one model and that there is an over-representation of *S. aureus* in comparison to actual clinical epidemiology. To improve the relevance of these studies, existing preclinical models should be adapted or new models developed that better recapitulate the clinical condition of an FRI.

Keywords: Preclinical *in vivo* models, animal models, fracture-related infection, fracture fixation, systematic review, *Staphylococcus aureus*, open fracture, soft tissue damage.

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Introduction

Fracture-related infections (FRIs) are among the most important complications after fracture fixation (Reizner *et al.*, 2014). The cause of this complication is often multifactorial, with the risk of infection being significantly higher, for example, in cases of an open fracture, severe soft tissue damage and polytrauma patients (Kortram *et al.*, 2017). Internal fixation of closed fractures has a relatively low infection incidence of 1-2 %, whilst the incidence after the operative treatment of open fractures can rise to 30 % (Boxma *et al.*, 1996; Ktistakis *et al.*, 2014; Papakostidis *et al.*, 2011). An FRI can negatively

affect the clinical outcome due to delayed healing, functional impairment or even amputation of the affected limb (Metsemakers *et al.*, 2018a). FRIs also lead to prolonged hospital stays, increased morbidity and mortality and are associated with higher healthcare and overall economic costs in comparison to non-infected equivalents (Olesen *et al.*, 2017).

Due to the negative impact of FRIs on the clinical outcome, and the associated socio-economic impact, a large amount of research is performed to optimise prevention and treatment strategies for FRIs (Metsemakers *et al.*, 2018a). Conducting clinical trials of FRIs in human subjects is a challenge due to the low infection incidence, the heterogeneity of the

musculoskeletal trauma population, the multiplicity of treatment options and the broad range of possible causative bacteria (Reizner *et al.*, 2014). Therefore, preclinical *in vivo* models can serve as a critical control point prior to clinical application of any new diagnostic procedure or intervention, offering a controlled environment without many of the variables inherent in a patient population. To provide a robust evaluation of any intervention aiming to simulate an FRI, the chosen model should ideally recapitulate the clinical condition (Brown *et al.*, 2014). This includes a fracture creation, soft tissue damage, contamination with bacteria, and, when mimicking an open fracture situation, a delay in treatment (*i.e.* debridement and surgical fixation several hours after the traumatic incident).

The aim of the present systematic review was to survey the range and critical features of preclinical *in vivo* models used in FRI studies. The hypothesis was that these models only rarely include these key FRI factors.

Materials and Methods

All relevant aspects of the Cochrane Handbook for Interventional Systematic Reviews (Higgins

and Green, 2011) were followed and the study was written according to the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) statement (Moher *et al.*, 2010).

Search strategy

A comprehensive search was performed on July 1st 2017 in PubMed, Embase and Web of Science. With the help of a biomedical information specialist, a set of search strings were composed for each database. Overall, 1,208 references were collected in Mendeley (Mendeley desktop version 1.17.11, Elsevier). After the exclusion of duplicates, 995 articles were retained. These were screened by two reviewers (NV and MM). In case the two reviewers did not reach consent, a third reviewer (WJM) was consulted.

The search process is summarised in Fig. 1. During the first phase, titles and abstracts were reviewed. Irrelevant articles were excluded and 170 relevant articles were retained for full text review. After review of the full text of the remaining articles, 75 eligible articles were included in the present review.

Inclusion/exclusion criteria

Inclusion criteria were (1) preclinical *in vivo* models, (2) presence of bony instability (a fracture/osteotomy/defect) of long bones, (3) local inoculation of the

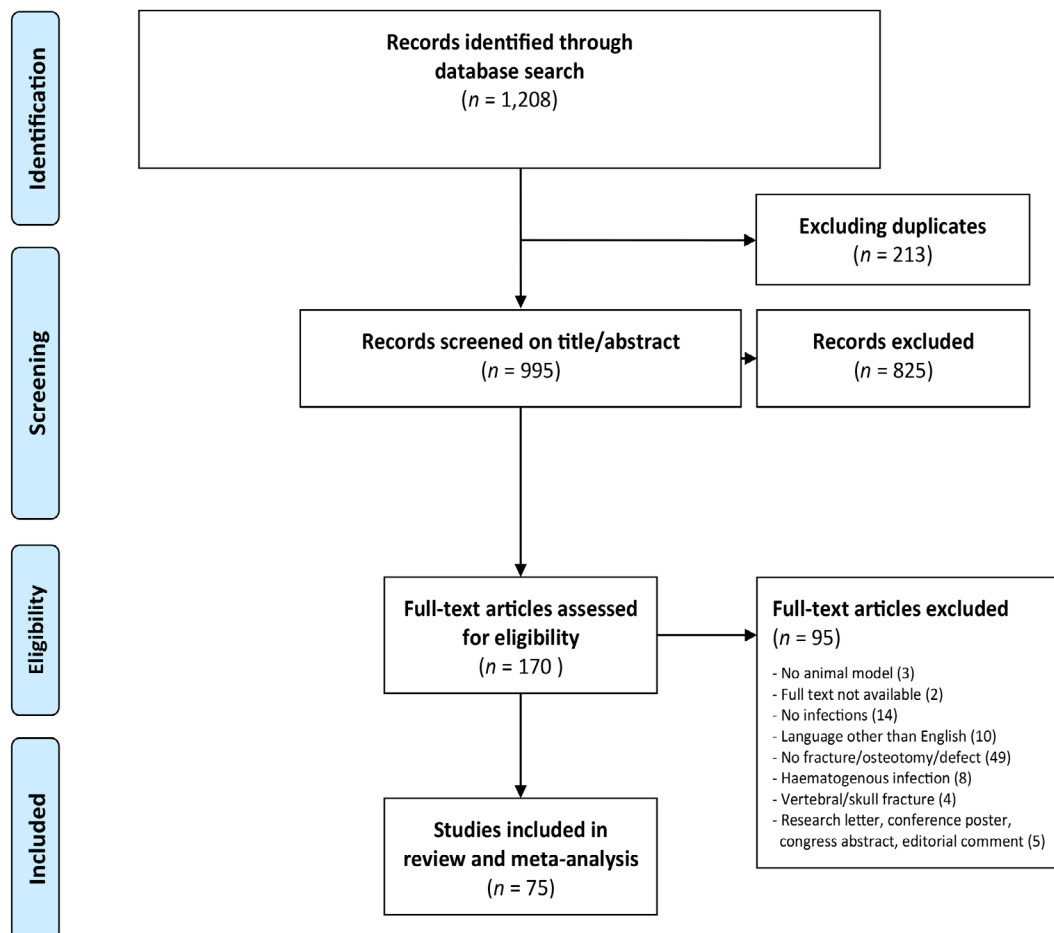


Fig. 1. Outline of the search and selection process including exclusions and final count of acceptable manuscripts.

fracture with a pathogen. For inclusion all three criteria had to be met. Exclusion criteria included (1) cadaver studies, (2) haematogenous infection, (3) fracture models of the vertebrae or skull, (4) articles published before 01.01.1970. Published abstracts, conference posters, letters and articles in any language other than English were excluded.

Data extraction and critical appraisal

The extraction of data was performed by two reviewers (NV and MM). To study the hypothesis, data on pathogen species, strain name and inoculum [colony forming unit (CFU)-count] used were collected. In addition, data on animal species, location of the fracture/osteotomy/defect, method of creation of bony instability and type of fixation were collected. Furthermore, details on soft tissue damage were included. For wounds left open after inoculation with the pathogen, the model was classified as open. For the wounds closed immediately after addition of the bacteria, the model was labelled as closed. Lastly, the articles were grouped into five categories based on the study objective: model description, prevention, treatment, bone healing and pathogenesis. A study with the primary aim of developing a new model that closely resembles the clinical setting of an FRI was classified as model description. Prevention and treatment studies both test the effect of new interventions on infection and the line between these two types of studies is not always perfectly clear. Thus, classification was largely based on the objective, as reported by the authors. For the most part, in preventive studies, the intervention happens at the same time as the fracture fixation. In treatment studies, the tested intervention is mostly performed after an infection is allowed to develop over a certain time. Studies with the primary objective of studying the infection influence on bone healing or evaluating new strategies to improve callus formation in infected fractures were assigned to the bone healing group. Studies with the primary aim of investigating the microorganisms' characteristics (*e.g.* intracellular survival) and the fracture environment (*e.g.* increased perfusion of infected fractures) were labelled as pathogenesis. These studies also examined different patterns of infection and osteolysis.

Results

Study objective

Articles were categorised into five groups (model description, prevention study, treatment study, bone healing study and model on the pathogenesis of an FRI), based on the objective of the research (Table 1). Eleven (14.7 %) studies describe a new model that could later be utilised for future research on FRIs. Treatment modalities are tested in thirteen (17.3 %) studies. In twenty-nine (38.7 %) studies, methods to

prevent infection development are tested. In nine (12 %) studies, the effect of infection on bone healing is researched or new methods to improve bone healing after infection are examined. Five (6.7 %) articles provide information on the pathogenesis of the FRI. Eight (10.7 %) articles have a combination of study objectives (Table 1).

Animal species

Eight different animal species are mentioned in the studies (Table 2-4). Over half of the research is performed on rats ($n = 38$; 50.7 %). Twenty-two (29.3 %) studies performed tests on rabbits; all but one study (Azi *et al.*, 2012) use New-Zealand white rabbits. Five (6.7 %) studies include mice, three (4 %) dogs, three (4 %) sheep, two (2.7 %) goats, one (1.3 %) pigs and one (1.3 %) Guinea pigs.

Anatomical location

An overview of the anatomical locations of instability creation is provided in Table 2-4. In most of the included models, fractures, osteotomies or osseous defects are created in the lower limb ($n = 65$; 86.7 %), with relatively fewer utilising the upper limb ($n = 10$; 13.3 %). The anatomical area of choice is the femur in thirty-nine studies (52 %), the tibia in twenty-five (33.3 %), tibia and fibula in one (1.3 %), the humerus in three (4 %), the radius in five (6.7 %) and the ulna in two (2.7 %).

Model type

According to the previously mentioned definition, most models simulate a closed fracture situation ($n = 63$; 84 %), whereas only twelve (16 %) studies mimic an open fracture by introducing a time gap between inoculation and fixation (Table 2-4).

Bone instability is applied by creating a fracture, an osteotomy or a defect. In nineteen (25.3 %) models (Table 2), a real fracture is created. In most of the studies, this is established by using a specially designed device, in which a weight is dropped on the bone, causing a fracture that can be reproduced multiple times. Failure of this technique is mentioned only once: Boyce *et al.* (2012) report the exclusion of one animal because of a comminuted fracture not fixable with their implant system. Hill and Watkins (2001) describe a model in which a fracture is created by firing a steel fragment at the tibia. In the model of Petri and Schaberg (1984), a fracture is created by using a rongeur. In thirty (40 %) models, a single osteotomy is performed to mimic a fracture (Table 3). A defect is created in twenty-six (34.7 %) models mostly by performing a double osteotomy (Table 4).

It is reasonable to assume that, if the aforementioned fracture devices would produce enough force to create a fracture, they would also cause soft tissue damage. The same reasoning was applied to the ballistic fracture of Hill and Watkins (2001). Petri and Schaberg (1984) mention creating soft tissue damage with a haemostat. This way, soft tissue damage is

Table 1. Study objectives.

Objective of research		Number of articles	References
Model description		11	Alt <i>et al.</i> , 2011; Andriole <i>et al.</i> , 1973; Arens <i>et al.</i> , 2015; Azi <i>et al.</i> , 2012; Chen <i>et al.</i> , 2005; Helbig <i>et al.</i> , 2015; Inzana <i>et al.</i> , 2015; Passl <i>et al.</i> , 1984; Robinson <i>et al.</i> , 2011; Windolf <i>et al.</i> , 2013; Worlock <i>et al.</i> , 1988b
Treatment		13	Bi <i>et al.</i> , 2007; Brown <i>et al.</i> , 2000; Brown <i>et al.</i> , 2014; Hamel <i>et al.</i> , 2008; Huang <i>et al.</i> , 2013; Khodaparast <i>et al.</i> , 2003; Li <i>et al.</i> , 2010a; Lubis <i>et al.</i> , 2005; Penn-Barwell <i>et al.</i> , 2014b; Petri and Schaberg, 1984; Rand <i>et al.</i> , 2015; Sanchez <i>et al.</i> , 2013; Sener <i>et al.</i> , 2010
Prevention		29	Ter Boo <i>et al.</i> , 2016; Boyce <i>et al.</i> , 2012; Costa <i>et al.</i> , 2016; Darouiche <i>et al.</i> , 1998; Fei <i>et al.</i> , 2010; Hill <i>et al.</i> , 2002; Hill and Watkins, 2001; Jacob <i>et al.</i> , 1993; Jacob <i>et al.</i> , 1997; Lesic <i>et al.</i> , 2004; Li <i>et al.</i> , 2009; Li <i>et al.</i> , 2010; Lindsey <i>et al.</i> , 2010a; Lovati <i>et al.</i> , 2016a; Metsemakers <i>et al.</i> , 2016; Penn-Barwell <i>et al.</i> , 2012a; Penn-Barwell <i>et al.</i> , 2012b; Penn-Barwell <i>et al.</i> , 2015; Schaer <i>et al.</i> , 2012; Sethi <i>et al.</i> , 2015; Stewart <i>et al.</i> , 2010; Stewart <i>et al.</i> , 2012; Tennent <i>et al.</i> , 2016; Windolf <i>et al.</i> , 2014; Worlock <i>et al.</i> , 1994; Xiao <i>et al.</i> , 2015; Xie <i>et al.</i> , 2009; Zheng <i>et al.</i> , 2010; Zhou <i>et al.</i> , 2017
Bone healing		9	Bilgili <i>et al.</i> , 2015; Brick <i>et al.</i> , 2009; Chen <i>et al.</i> , 2002; Chen <i>et al.</i> , 2006; Chen <i>et al.</i> , 2007; Deng <i>et al.</i> , 2013; Lovati <i>et al.</i> , 2016; Schindeler <i>et al.</i> , 2015; Southwood <i>et al.</i> , 2004
Pathogenesis		5	De Mesy Bentley <i>et al.</i> , 2016; Gilbert <i>et al.</i> , 2015; Hamza <i>et al.</i> , 2012; Rochford <i>et al.</i> , 2016; Seebach <i>et al.</i> , 2015
Combination	Model and pathogenesis	1	Lindsey <i>et al.</i> , 2010
	Model and prevention	2	Evans <i>et al.</i> , 1993; Penn-Barwell <i>et al.</i> , 2014
	Prevention and treatment	1	Worlock <i>et al.</i> , 1988
	Prevention and pathogenesis	1	Curtis <i>et al.</i> , 1995
	Prevention and bone healing	2	Prinz <i>et al.</i> , 2017; Tran <i>et al.</i> , 2013
	Treatment and bone healing	1	Guelcher <i>et al.</i> , 2011

present in the same nineteen (25.3 %) studies that include the creation of a real fracture. None of the defect/osteotomy studies report creating additional soft tissue damage, beyond damage that is caused by the surgical dissection and creation of the defect/osteotomy.

In thirty-five (46.7 %) studies osteosynthesis is achieved with a plate. Polyacetyl ($n = 10$; 28.6 %) (Brick *et al.*, 2009; Brown *et al.*, 2014; Chen *et al.*, 2002; Chen *et al.*, 2005; Chen *et al.*, 2006; Chen *et al.*, 2007; Guelcher *et al.*, 2011; Li *et al.*, 2010a; Sanchez *et al.*, 2013; Tennent *et al.*, 2016), titanium ($n = 7$; 20 %) (Metsemakers *et al.*, 2016; Rochford *et al.*, 2016; Stewart *et al.*, 2012; Windolf *et al.*, 2013; Windolf *et al.*, 2014; Xiao *et al.*, 2015; Xie *et al.*, 2009) and polyoxymethylene ($n = 6$; 17.1 %) (Penn-Barwell *et al.*, 2012a; Penn-Barwell *et al.*, 2012b; Penn-Barwell *et al.*, 2014a; Penn-Barwell *et al.*, 2014b; Penn-Barwell *et al.*, 2015; Rand *et al.*, 2015)

are the most used materials. In thirty (40 %) models, the fracture is stabilised with an intramedullary nail. In two of these, external fixation is performed in addition to intramedullary fixation (Curtis *et al.*, 1995; Hamel *et al.*, 2008). In small animals (rabbits and rats), k-wires serve as intramedullary fixation devices ($n = 19$; 63.3 %) (Bilgili *et al.*, 2015; Boyce *et al.*, 2012; Darouiche *et al.*, 1998; Gilbert *et al.*, 2015; Hamel *et al.*, 2008; Hamza *et al.*, 2012; Helbig *et al.*, 2015; Lesic *et al.*, 2004; Li *et al.*, 2009; Li *et al.*, 2010; Lindsey *et al.*, 2010a; Lindsey *et al.*, 2010b; Prinz *et al.*, 2017; Sener *et al.*, 2010; Stewart *et al.*, 2010; Worlock *et al.*, 1988a; Worlock *et al.*, 1988b; Worlock *et al.*, 1994; Zhou *et al.*, 2017). In two studies, both plate fixation and intramedullary fixation are used, although not in the same animal (Arens *et al.*, 2015; Worlock *et al.*, 1994). Evans *et al.* (1993) describe a model in which stability is achieved by means of screw

Table 2. Type of bone instability: fractures.

Closed/ open	Animal	Location	Implant	Pathogen	Strain	Reference
Closed	Dog	Ulna	None	<i>S. aureus</i> <i>P. aeruginosa</i>	Washington hospital strain PA 220	Petri and Schaberg, 1984
		Tibia	Intramedullary	<i>S. aureus</i>	ATCC12692	Brown <i>et al.</i> , 2000 Khodaparast <i>et al.</i> , 2003
	Pig	Tibia	None	<i>S. aureus</i>	ATCC29213	Hill and Watkins, 2001
	Rabbit	Tibia	Intramedullary	<i>S. aureus</i>	Giorgio strain and phage type 80-81	Andriole <i>et al.</i> , 1973
					Phage type 29	Worlock <i>et al.</i> , 1988a
		Worlock <i>et al.</i> , 1988b				
		Plate or intramedullary		Worlock <i>et al.</i> , 1994		
	Rat	Femur	Intramedullary	<i>S. aureus</i>	UFMG central lab	Costa <i>et al.</i> , 2016
					Clinical isolate	Robinson <i>et al.</i> , 2011
					Not specified	Hamza <i>et al.</i> , 2012
Tibia and fibula		<i>S. aureus</i> <i>E. coli</i>		ATCC 49230 ATCC 25922	Stewart <i>et al.</i> , 2010	
				MRSA <i>A. Baumannii</i>	UAB 05-197 AC4795	Gilbert <i>et al.</i> , 2015
				<i>S. aureus</i>	ATCC 49230	Helbig <i>et al.</i> , 2015
Open	Rat	Femur	<i>S. aureus</i>	Clinical isolate	Li <i>et al.</i> , 2010	
					Lindsey <i>et al.</i> , 2010	
					Lindsey <i>et al.</i> , 2010a	
					Boyce <i>et al.</i> , 2012	
				Not specified	Li <i>et al.</i> , 2009	

osteosynthesis. In seven models, no osteosynthesis is performed (Azi *et al.*, 2012; Bi *et al.*, 2007; Deng *et al.*, 2013; Hill and Watkins, 2001; Huang *et al.*, 2013; Lubis *et al.*, 2005; Petri and Schaberg, 1984). In these models, surrounding muscles provide sufficient stability or an external cast is applied.

Only five (6.4 %) articles display models that combines these three features of FRI: creation of a fracture, inclusion of soft tissue damage and a time gap between bacterial inoculation and treatment of the fracture. These models use the same general setup: Sprague-Dawley rats are anaesthetised, the hind leg is shaved and a fracture of the femur is created using a custom-made device. In two out of five articles a weight is dropped from a height of 153 mm producing an estimated force of 104.8 N (Li *et al.*, 2009; Lindsey *et al.*, 2010b). For the remaining three models, this information is not provided (Boyce *et al.*, 2012; Li *et al.*, 2010b; Lindsey *et al.*, 2010c). After fracture creation, the leg is prepped for surgery and an incision on the dorsolateral surface of the femur is made. The rats are inoculated with 100 µL

of a bacterial suspension containing 10²/0.1 mL *Staphylococcus aureus* (*S. aureus*). The fracture is left open for 1 h. Lastly, the fracture is stabilised by an intramedullary k-wire, the wound closed and the anaesthesia ended.

Pathogen characteristics

Fig. 2 displays the distribution of pathogens used in the included articles. A large majority ($n = 69$; 92 %) of the included models are inoculated with *S. aureus* as the single infection-causing pathogen. In two of these, a methicillin-resistant *S. aureus* (MRSA) strain is used (Hamel *et al.*, 2008; Xiao *et al.*, 2015). *S. aureus* is administered as an intracellular inoculum inside the osteoblasts in one study (Hamza *et al.*, 2012). ATCC 25923 (Fei *et al.*, 2010; Prinz *et al.*, 2017; Schaar *et al.*, 2012; Sener *et al.*, 2010; Southwood *et al.*, 2004; Stewart *et al.*, 2012; Tran *et al.*, 2013; Xie *et al.*, 2009; Zhou *et al.*, 2017) and Xenogen 36 (Guelcher *et al.*, 2011; Inzana *et al.*, 2015; Li *et al.*, 2010a; Penn-Barwell *et al.*, 2012a; Penn-Barwell *et al.*, 2012b; Penn-Barwell *et al.*, 2014a; Penn-Barwell *et al.*, 2014b; Penn-Barwell

Table 3. Type of bone instability: osteotomies.

Closed/open	Animal	Location	Implant	Pathogen	Strain	Article
Closed	Goat	Tibia	Intramedullary	<i>S. aureus</i>	ATCC25923	Tran <i>et al.</i> , 2013
					ATCC29213	Curtis <i>et al.</i> , 1995
	Guinea Pig	Femur	Intramedullary	<i>S. aureus</i> <i>E. coli</i>	Not specified ATCC 0111 B4	Passl <i>et al.</i> , 1984
	Mouse	Femur	Plate	<i>S. aureus</i>	ATCC29213	Windolf <i>et al.</i> , 2014
						Windolf <i>et al.</i> , 2013
					JAR060131	Rochford <i>et al.</i> , 2016
					UAMS-1, GFP+ UAMS-1, protein A deficient mutant of UAMS- 1, USA300LAC	De Mesy Bentley <i>et al.</i> , 2016
				Xen 36	Inzana <i>et al.</i> , 2015	
	Rabbit	Humerus	Plate	<i>S. aureus</i>	JAR060131	Metsemakers <i>et al.</i> , 2016
			Plate or intramedullary			Ter Boo <i>et al.</i> , 2016
		Tibia	Intramedullary	<i>S. aureus</i>	ATCC25923	Zhou <i>et al.</i> , 2017
						Prinz <i>et al.</i> , 2017
						Fei <i>et al.</i> , 2010
						Xie <i>et al.</i> , 2009
			Newman	Darouiche <i>et al.</i> , 1998		
			MRSA	Not specified	Xiao <i>et al.</i> , 2015	
	Rat	Femur	Intramedullary	<i>S. aureus</i>	ATCC12600	Schindeler <i>et al.</i> , 2015
					Clinical isolate	Bilgili <i>et al.</i> , 2015
		Plate	MRSE	GOI1153754-03-14	Lovati <i>et al.</i> , 2016	
					Lovati <i>et al.</i> , 2016a	
Tibia		Intramedullary	<i>S. aureus</i>	ATCC 25923	Sener <i>et al.</i> , 2010	
				ATCC6538P	Lesic <i>et al.</i> , 2004	
				EDCC5055	Alt <i>et al.</i> , 2011 Sethi <i>et al.</i> , 2015	
Sheep	Tibia	Plate	<i>S. aureus</i>	ATCC25923	Schaer <i>et al.</i> , 2012 Stewart <i>et al.</i> , 2012	
Open	Rabbit	Tibia	Plate	<i>S. aureus</i>	ATCC27660	Jacob <i>et al.</i> , 1993 Jacob <i>et al.</i> , 1997
	Sheep	Tibia	Intramedullary	<i>S. aureus</i>	ATCC29213	Hill <i>et al.</i> , 2002

Table 4. Type of bone instability: defects.

Closed/open	Animal	Location	Implant	Pathogen	Strain	Article
Closed	Rabbit	Radius	Screws	<i>S. aureus</i>	ATCC25923 ATCC49230	Evans <i>et al.</i> , 1993
			None		ATCC 6538	Lubis <i>et al.</i> , 2005
		Ulna	None		Not specified	Azi <i>et al.</i> , 2012
		Tibia	Intramedullary	MRSA	Clinical isolate	Hamel <i>et al.</i> , 2008
	Rat	Femur	Plate	<i>S. aureus</i>	ATCC25923	Southwood <i>et al.</i> , 2004
					Mu50	Zheng <i>et al.</i> , 2010
					UAMS-1	Tennent <i>et al.</i> , 2016
					UAMS-1, ATCC49230	Seebach <i>et al.</i> , 2015
					4 clinical strains, UAMS- 1 ATCC49230, Xen36 ATCC49525	Sanchez <i>et al.</i> , 2013
					Xen 36	Li <i>et al.</i> , 2010
						Rand <i>et al.</i> , 2015
						Guelcher <i>et al.</i> , 2011
						Penn-Barwell <i>et al.</i> , 2012a
						Penn-Barwell <i>et al.</i> , 2012b
						Penn-Barwell <i>et al.</i> , 2014a
						Penn-Barwell <i>et al.</i> , 2014b
					Penn-Barwell <i>et al.</i> , 2015	
Clinical isolate	Chen <i>et al.</i> , 2002					
	Chen <i>et al.</i> , 2005					
Not specified	Chen <i>et al.</i> , 2006					
	Chen <i>et al.</i> , 2007					
	Brick <i>et al.</i> , 2009					
Open	Rabbit	Radius	None	<i>S. aureus</i>	ATCC 28923	Huang <i>et al.</i> , 2013
					Not specified	Bi <i>et al.</i> , 2007
	Rat	Femur	Plate	<i>S. aureus</i>	Not specified	Brown <i>et al.</i> , 2014

et al., 2015; Rand *et al.*, 2015) are the most commonly used strains ($n = 9$; 13 %). ATCC 29213 is utilised in five (7.2 %) studies (Curtis *et al.*, 1995; Hill *et al.*, 2002; Hill and Watkins, 2001; Windolf *et al.*, 2013; Windolf *et al.*, 2014). In nine (13 %) animal models, a clinically isolated strain of *S. aureus* is introduced. The clinical strains are isolated from patients with chronic osteomyelitis (Boyce *et al.*, 2012), infected

prosthesis (Chen *et al.*, 2005; Robinson *et al.*, 2011), infected wound (Li *et al.*, 2010b; Lindsey *et al.*, 2010b; Lindsey *et al.*, 2010c), intra-articular infections (Bilgili *et al.*, 2015) or blood (Hamel *et al.*, 2008). In one study, the clinical source is not specified (Chen *et al.*, 2002). Other strains and multi-strain models are mentioned in less than five (7.2 %) studies each. Nine articles (13 %) do not specify the strain or source of *S. aureus*

used in their setup (Azi *et al.*, 2012; Brick *et al.*, 2009; Brown *et al.*, 2014; Chen *et al.*, 2006; Chen *et al.*, 2007; Deng *et al.*, 2013; Hamza *et al.*, 2012; Li *et al.*, 2009; Xiao *et al.*, 2015).

Four (5.3 %) models use a combination of *S. aureus* and another pathogen. The combination of *S. aureus* with *Escherichia coli* (*E. coli*) is described twice (Passl *et al.*, 1984; Stewart *et al.*, 2010). Although, only in one of these studies a polymicrobial inoculum was used (Stewart *et al.*, 2010). The other two studies combine *S. aureus* with *Acinetobacter baumannii* (*A. baumannii*) (Gilbert *et al.*, 2015) or *Pseudomonas aeruginosa* (*P. aeruginosa*) (Petri *et al.*, 1984) in the same inoculum.

Including both inoculation alone or in combination with a second pathogen, *S. aureus* was used in 73 out of 75 (97.3 %) studies. Three models are inoculated with other species. Two use methicillin-resistant *Staphylococcus epidermidis* (*S. epidermidis*) (MRSE; strain GOI1153754-03-14) (Lovati *et al.*, 2016a; Lovati *et al.*, 2016b) and one use *E. coli* (Passl *et al.*, 1984).

Inoculation is accomplished in several different ways, *e.g.* the pathogen is applied to the collagen (Rand *et al.*, 2015), directly to the implant (Rochford *et al.*, 2016) or injected using a saline solution (Lovati *et al.*, 2016b).

Discussion

A substantial amount of research is conducted aiming to improve our knowledge on FRIs and to develop novel interventional strategies to reduce the incidence and improve treatment outcome. New prevention and treatment concepts for human patients require preclinical testing, which includes animal studies. The model used need to be in line with current clinical problems (Brown *et al.*, 2014). Although the models of orthopaedic implant infection are reviewed by Calabro *et al.* (2013) and Reizner *et al.* (2014), to the best of our knowledge, this is the first systematic review of its kind focusing solely on FRIs.

The hypothesis of the present study was that preclinical *in vivo* models only rarely mimic the real clinical situation and do not include key factors such

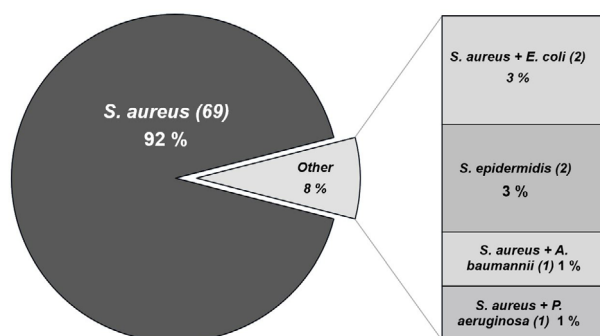


Fig. 2. Distribution of pathogens in preclinical models of FRIs.

as delay before treatment, presence of a fracture, soft tissue damage and diversity of causative pathogens.

Animal species

Most of the studies are performed using small animals such as rats, rabbits, mice and guinea pigs ($n = 66$; 88 %). Thus, large animals such as dogs, sheep, goats and pigs are only described in nine experimental setups (12 %) (Table 2,3). To the best of our knowledge, there is currently no evidence on the effect of the animal choice on the study validity. However, it seems rational to base the choice of animal on the study objective. Large animals could be favoured in case of biomechanical studies, while small animals (*e.g.* rodents) are more suitable for the investigation of molecular mechanisms and genetics of bone healing (Auer *et al.*, 2007). Another element to keep in mind when selecting the animal species is the availability of the specific tools needed to produce some of the key characteristics of an FRI. Such tools are currently primarily available for mice, rats, rabbits and sheep. Since the inclusion of specific key factors of an FRI will likely have a bigger impact on the validity of the study than the selection of the animal, it makes sense to opt for one of these species, if possible.

Finally, utilising large animals could involve problems such as increased cost, additional space requirement and reduced availability of molecular biology tools in comparison with smaller animal (*e.g.* rodent) models.

Anatomical location

Most studies are performed using the lower limb ($n = 65$; 86.7 %). Instability is created in the upper limb in the remaining ten models (13.3 %) (Table 2-4). There is currently a lack of evidence suggesting one anatomical location is favoured over the others, however, the objective of the study should be kept in mind. For generic research on FRIs, the anatomical location will be of lesser importance. Although, when the research question is closely linked to soft tissue injury/coverage, this should be considered when choosing the optimal anatomical location.

Delay before treatment

In most models ($n = 63$; 84 %) (Table 2-4) the wound is closed immediately after the inoculation of the pathogen. This approach is not congruent with the clinical setting, because often a time gap exists between the occurrence of an open fracture, for example, and treatment commencing (*e.g.* transport to the hospital, diagnostic examinations). Current guidelines recommend fracture irrigation and debridement within the first 6 h after admittance. In the models described as open, the delay-to-treatment is as little as 30 min. The influence of this time gap on infection rates is debated. Srour *et al.* (2015) demonstrate in a prospective study that the time to irrigation and debridement does not increase

infection rates, provided it is performed within 24 h following the injury. In daily practice, these results could lead to even longer time lapses between the trauma and initial surgery (*i.e.* debridement and fixation), making the gap between clinical reality and translational research even bigger. Furthermore, in cases of chronic/late-onset FRI (*i.e.* fistulae), time to definitive treatment and concomitant soft tissue coverage is often even longer. Therefore, it seems imperative that future *in vivo* models take these time windows into account when developing new prevention and treatment technologies. Of course, the inclusion of a delay-to-treatment will also entail a risk for certain disadvantages. Increasing the time gap might increase variability in the infection (*i.e.* development of polymicrobial infections), which is compatible with the clinical setting, but the disadvantage would be to have a less controllable environment with respect to the infecting pathogens. Furthermore, it might also entail a longer anaesthesia time and, therefore, a greater burden on the animal.

Instability and fixation method

The second observation was that within the included studies, bony instability is often created by an osteotomy or a defect (double osteotomy). Although creating a real fracture is far more realistic, this method is only found in 25.3 % ($n = 19$) of the studies (Table 2). In these models, a fracture is mostly created using a device that drops a weight onto the bone. Compared to a clinical situation, fracture stability will be more difficult to achieve in case of a fracture as compared to a controlled osteotomy, which is often performed after the osteosynthesis. A fracture may be multi-fragmentary and associated with periosteal stripping, leading potentially to increased instability and vascular damage. Although creating an osteotomy improves reproducibility of the *in vivo* model and, in that way, keeps the number of animals used to a minimum, one could argue that there is a difference regarding the grade of stability when comparing an osteotomy and a fracture. As mechanical stability is crucial not only for fracture healing but also for infection prevention and treatment (Merritt and Dowd, 1987; Sabate Bresco *et al.*, 2017), it seems an important parameter to include in preclinical research. Furthermore, in small animals, fixation is often performed using an intramedullary k-wire (Bilgili *et al.*, 2015; Boyce *et al.*, 2012; Darouiche *et al.*, 1998; Gilbert *et al.*, 2015; Hamel *et al.*, 2008; Hamza *et al.*, 2012; Helbig *et al.*, 2015; Lesic *et al.*, 2004; Li *et al.*, 2009; Li *et al.*, 2010; Lindsey *et al.*, 2010a; Lindsey *et al.*, 2010b; Prinz *et al.*, 2017; Sener *et al.*, 2010; Stewart *et al.*, 2010; Worlock *et al.*, 1988a; Worlock *et al.*, 1988b; Worlock *et al.*, 1994; Zhou *et al.*, 2017). This will negatively impact the stability as compared to a clinical setting where more stable fixation options, *e.g.* locking screws, are available. Rittmann and Perren (1974), in an experimental study in sheep, show the positive

effects of stability on infection in fracture care. They state that the advantage of the stabilising effect of an implant outweighs the disadvantage of a foreign body effect. Therefore, it seems important to keep in mind stability as a parameter when developing a model of an FRI, thereby focusing not only on the creation of bony instability, but also on the type of implant for fixation.

Optimally, future research should include standardised mechanical design strategies to carefully control and describe stabilisation of the construct. This would improve our ability to compare the outcome of different studies.

Soft tissue damage

A third observation was that only a minority of studies mimic soft tissue injuries ($n = 19$; 25.3 %) (Table 2). These are, for the most part, also the studies where a device creates a fracture, as previously mentioned. By performing an osteotomy or creating a defect, soft tissue damage is limited to the incision and dissection needed during the surgical procedure. This does not really correspond to daily clinical practice, where fractures are often accompanied by extensive soft tissue damage, potentially causing vascular compromise or the development of haematomas. Soft tissue damage is actually one of the most important factors that influences the risk of infection (Kalicke *et al.*, 2003; Kortram *et al.*, 2017). For example, despite the use of systemic antibiotics, open fractures still have higher infection rates as compared to closed fractures. A reason for this is that necrotic tissue often serves as a breeding ground for bacteria that can sustain the infection. Another possible explanation is that systemic antibiotics may not reach the tissue-implant interface in high enough concentrations to eradicate bacteria due to local vascular damage. Furthermore, in cases of an FRI there is also, often, soft tissue damage (*e.g.* draining wounds, fistulae) (Metsemakers *et al.*, 2018b). Therefore, translating results from preclinical *in vivo* work regarding, for example, new local antibiotic-delivery devices for FRI prevention or treatment should be undertaken with caution when soft tissue damage is not included.

Pathogen characteristics

97.3 % ($n = 73$) of the 75 included models reviewed used *S. aureus* as the infection-causative microorganism. This might be explained by the fact that *S. aureus* is the most common single disease-causing pathogen in clinical FRIs (Torbert *et al.*, 2015). Nonetheless, the dominance is not reflective of the clinical scenario. Although the published literature confirms that *S. aureus* is the most common disease-causing pathogen, it is responsible for only 30 % of all FRIs, which is comparable to the prevalence of polymicrobial infections (27 %) and coagulase-negative staphylococci (CoNS), such as *S. epidermidis* (22 %). Other organisms, such as Gram-negative bacilli, are responsible for the remaining 10 %

(Trampuz and Zimmerli, 2006), but are only studied (*i.e.* *E. coli*) as a single pathogen or in combination with *S. aureus* in two of the models (Passl *et al.*, 1984; Stewart *et al.*, 2010). *S. epidermidis* can be found in only two (2.6 %) animal models, despite this microorganism having an important clinical impact due to its prevalence and widespread antimicrobial resistance (Morgenstern *et al.*, 2016a; Morgenstern *et al.*, 2016b). Therefore, the focus on *S. aureus* is understandable, but a gap of knowledge remains with regards to other pathogens in FRIs and preclinical models are not yet available to address this problem.

CFU count

The order of magnitude of the amount of inoculated bacteria varies between 1 (Costa *et al.*, 2016) and 10^{10} CFU (Schaer *et al.*, 2012). Arens *et al.* (2015) determine that the minimum CFU count needed to reliably cause an infection in their rabbit humeral osteotomy model is 6×10^6 . This will likely be the optimal dose to be used in future research. However, the appropriate dose will vary depending on different parameters, such as animal selection, pathogen and implant and cannot be taken as a general inoculation guide.

General considerations and conclusion

Overall, only five (6.7 %) studies include a model that combines all key features of an FRI in one model: the presence of a fracture, delay before treatment and soft tissue damage (Boyce *et al.*, 2012; Li *et al.*, 2009; Li *et al.*, 2010b; Lindsey *et al.*, 2010b; Lindsey *et al.*, 2010c). Although these studies only use *S. aureus*, they remain the models most closely recapitulating an FRI.

From an ethical standpoint it is difficult to include all the clinically important parameters in all preclinical studies. Including factors such as timing (*i.e.* leaving the wound open) and trauma severity (*i.e.* creation of a real fracture with soft tissue injury), for example, increases the burden upon the animal. Therefore, permission from an ethical approval body for such models could be more difficult to obtain. Keeping in mind that animal care is of the highest importance, interventions should be taken to minimise the load put on the animal. This could be achieved by following the 3R principles first described by Russel and Burch (1959). Since studies have failed to develop an experimental setup that could serve as a viable alternative to animal models for the research on fractures and FRIs (Auer *et al.*, 2007), the emphasis should be placed on refinement of models that are currently being used and reducing the number of animals that is needed to obtain a comparable level of information. Refinement of current models entails the development and application of standardised anaesthesiology and pain management protocols. Adequate analgesic therapy not only reduces the burden upon the animal but might also improve the validity of the experiment (Auer *et al.*, 2007). A reduction in the number of animals that is needed

to attain an equal amount of data might be achieved by optimising the experimental setup. Nonetheless, it is difficult to define the ideal preclinical model. Hooijmans *et al.* (2018) adapt the Grading of Recommendations, Assessment, Development, and Evaluation (GRADE) approach (Atkins *et al.*, 2005) for the appraisal of preclinical models. They propose a set of steps to evaluate the certainty in the evidence from preclinical animal studies. One of these steps evaluates the similarities between the described animal model and the clinical setting. Therefore, the model is compared to the research question: does the experimental setup adequately reflect the population, intervention and comparison? It seems logical that matching these populations as closely as possible (*i.e.* will the intervention eventually be applied in open fractures with soft tissue damage? Will a time gap be present?) will only improve the validity of the model. Thus, for animal models that should mimic the clinical setting as closely as possible, the implementation of four key characteristics is proposed: creating instability by performing a true fracture, establishing soft tissue damage, implementing a delay-to-treatment and using a pathogenic profile that approaches the clinical reality. However, not all fractures in daily clinical practice present severe soft tissue damage and certainly not all fractures are open fractures. The implementation of all the aforementioned characteristics may only be required for new strategies that are close to clinical implementation or for research questions that are likely influenced by these factors. Early stage innovations may be adequately evaluated in 'simpler' models, with comparatively less burden upon the animal, only moving to the more 'complex' models as the development cycle nears completion. Overall this means that preclinical studies should consider including parameters (*e.g.* soft tissue damage) that seem clinically important when focusing on prevention and treatment of FRIs without compromising the care for the animal.

In conclusion, this review demonstrated that preclinical *in vivo* studies rarely recreate a model of FRI that mimics all aspects of the clinical setting with creation of a fracture in combination with soft-tissue injury. In addition to *S. aureus*, the application of other clinically important pathogens and even polymicrobial infections should be considered. To really make progress in the field of prevention and treatment of FRIs, existing preclinical models should be adapted or research experts should consider developing new models to better match clinical scenarios.

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Discussion with Reviewers

Stephen Kates: What models should be used for small and large animals to study infection effectively? What is the appropriate mechanism of injury and animal model to replicate the human condition?

Authors: There is currently insufficient evidence for

preferring any single animal species over another. Several factors must be considered when making this decision. It seems logical to base the choice of animal on the objective of the study. Large animals, where human implants and human scale interventions can be used, could be favourable for studying mechanical factors, while small animals, such as rodents, are better suited for investigating molecular mechanisms and genetics of bone healing (Auer *et al.*, 2007). Biology is a factor but, currently, the immune response to FRIs in the different animal species is only poorly understood. Within this respect, mice might be the best understood species, but this certainly does not mean that they are the closest resemblance to humans. Additionally, cost will have a large impact, which favours the use of smaller animals. To increase the value of the research, models using both small and large animals should include the key characteristics of an FRI: a real fracture, soft tissue damage, a time gap and a diversity in pathogens. Currently, the specific tools to produce some of these key characteristics are mainly available for mice, rats, rabbits and sheep. Thus, all these species are good options for future research.

The appropriate mechanism of injury is presumably the creation of a traumatic fracture. This could, for example, be done by means of dropping a weight. In addition to creating a more realistic fracture, this type of injury will also incorporate soft tissue damage.

Stephen Kates: What about the closed fracture that is opened for surgical repair and becomes infected?

Authors: Clinically, the risk of infection after closed fractures is less frequent as compared to open fractures, but it would also be an interesting study topic. Theoretically, these infections are seeded at the time of (or shortly after) the primary surgical procedure. Therefore, preclinical models studying these infections will require inoculation at the time of surgery or with a short delay. The used pathogen should be selected based on the clinical scenario that aims at reproducing. However, soft tissue damage can be limited and there is no need for a time gap between injury and treatment, which will make these models also less of a burden for the experimental animals.

Volker Alt: Would you prefer an osteotomy or a fracture model for preclinical testing?

Authors: When choosing between these two models, two factors should be considered. Since fracture stability influences infection, the chosen model should ideally mimic daily clinical practice. In clinical practice adequate fixation is harder to achieve in case of a fracture as compared to the use of an osteotomy. On the other hand, instability should be reproducible when applied to multiple animals. This is of course easier in case of an osteotomy. Therefore, in theory, the optimal method would be a reproducible fracture model, which is currently difficult to achieve.

Volker Alt: Which microorganisms and, in case of polymicrobial approaches, which combinations should be used more often besides *S. aureus* in FRI models?

Authors: Preclinical models should reflect the diversity in pathogens found in a clinical setting. Trampuz and Zimmerli (2006) display the heterogeneity of infection-causing pathogens. While *S. aureus* is still responsible for a substantial part of all infections, researchers should not solely focus on this microorganism. Instead, they should consider other bacteria that have a nearly similar share in causing FRIs. Several studies show the important contribution of *S. epidermidis* (Sabate Bresco *et al.*, 2017; Trampuz and Zimmerli, 2006). However, this fact is currently not reflected in research setups. In addition, considering the recent increase in infections caused by multidrug-resistant germs, these should also play a vital role in modern study setups.

The appropriate combinations of microorganisms for the research on polymicrobial approaches are more difficult to define, since evidence concerning this subject is limited. Available clinical studies show that the following bacterial species are often involved in polymicrobial infections: *S. aureus*, *P. aeruginosa*, *A. baumannii* and Enterococcus species (Jorge *et al.*, 2018, additional reference).

Volker Alt: What is the objective benefit of FRI models including all 3 key features of open fractures? In other words: is there experimental evidence to adapt preclinical models to clinical FRIs by delay before treatment and tissue damage, especially behind the background of the 3R principles?

Authors: Separate independent studies show that each of these key features individually impact the infection (Kalicke *et al.*, 2003; Kortram *et al.*, 2017; Worlock *et al.*, 1994). In clinical cases, all of these factors are often present. One of the proposed grading scales to evaluate the adequacy of an experimental setup is the modified GRADE scale (Hooijmans *et al.*, 2018). In one of the steps of this scale, the comparability between the animal model and the research question is examined. Therefore, matching the experimental setup as closely as possible to the clinical setup, by implementing these features, would increase the value of the gathered evidence from these models.

David Grainger: Can the authors comment about the experimental approaches to produce polymicrobial infections in these preclinical models, as they might be more comparable to clinical FRIs? What are the best practices?

Authors: Only three (4 %) of the 75 studies that were included in this systematic review describe a model in which a polymicrobial infection is studied. This number is very low in comparison to the 27 % occurrence of polymicrobial infections in a clinical setting (Trampuz and Zimmerli, 2006), suggesting further study on polymicrobial infection is warranted.

Gilbert *et al.* (2015) inoculate the fracture with a saline solution containing 1×10^5 CFU of *A. baumannii* and 1×10^4 CFU of MRSA. Bacterial burden is assessed after 1, 2 and 4 weeks. MRSA is found in all cultures at all time points. *A. baumannii* is detected in only half of the specimens at week one and in none by the fourth week. Petri and Schaberg (1984) inject the fracture site with an inoculum containing 5×10^6 CFU of *S. aureus* and 5×10^6 CFU of *P. aeruginosa*. Bacterial burden is not routinely investigated. However, cultures from wound exudate of five animals are all positive for *P. aeruginosa*. *S. aureus* is found in three of the samples. Stewart *et al.* (2010) inoculate the fracture with a solution containing *S. aureus* at 1×10^6 /mL and *E. coli* at 1×10^4 /mL. Culture results are highly variable, with only one animal testing positive for *E. coli*. These combinations match the combinations that are classically found in a clinical setting (Jorge *et al.*, 2018, additional reference). While it seems evident that more research should include polymicrobial infections, it is currently difficult to provide best

practices in terms of how the inoculum should be administered to achieve a true polymicrobial infection or how to assess relative abundance of different species over time. The interactions between different pathogen in FRI wounds and in biofilms is a highly pertinent topic and further research is required to more closely study this important clinical phenomenon.

Additional Reference

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Editor's note: The Scientific Editor responsible for this paper was Chris Evans.